


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ERRAND DAY Casino Outing 11:45am Lobby Bowling 1:30pm Activity Room Happy Hour 3:00pm Activity Kitchen	2 FRED MEYER Resident Store Open 12:30pm – 2:30pm East Hall Residents Meeting 2:00pm Activity Room Audio Book Club With Sandra 3:00pm 2 nd Floor Library	3 DOCTOR DAY Bible Study with Robin 1:00pm 2 nd Floor Library Happy Hour 3:00pm Activity Kitchen Mexican Train 7:00pm Game Room	4 ERRAND DAY New Resident Meeting 10:00am Living Room Lunch Out – The Birch Door 11:30am Lobby Resident’s Audio Book Club 6:30pm 2 nd Floor Library	5 DOCTOR DAY Resident Store Open 12:30pm – 2:30pm East Hall Dime Bingo 2:00pm Activity Kitchen Up Words with Friends 7:00pm Puzzle Room	6 OCTOBERFEST 11:00-1:00 BOTH DINING ROOMS BREWS AND CUES WITH KYLE 2:00pm Game Room OCTOBERFEST HAPPY HOUR 3:00 Activity Kitchen MUSIC WITH BOB’S YOUR UNCLE 3:15 Activity Room
7 Church Service 1:00pm Activity Room Dime Bingo 2:00pm Activity Kitchen Popcorn Social 3:30pm Activity Kitchen	8 ERRAND DAY Casino Outing 11:45am Lobby Outing to Edaleens 1:00pm Lobby Senior Singers Perform 2:30pm Dining Room	9 FRED MEYER Dr. Sheafor Lifeline Screening Starts at 8:30 Lasts All Day 2 nd Floor Resident Store Open 12:30pm – 2:30pm East Hall Chef’s Corner 2:00pm Dining Room	10 DOCTOR DAY Dr. Sheafor Bible Study with Robin 1:00pm 2 nd Floor Library Shuffleboard with Vickie 2:00pm Game Room Mexican Train 7:00pm Game Room	11 ERRAND DAY Trivia 10:30am Living Room Lunch Out – Mykonos 11:30am Lobby Resident’s Audio Book Club 6:30pm 2 nd Floor Library	12 DOCTOR DAY Resident Store Open 12:30pm – 2:30pm East Hall Music with Larry Johnson 3:00pm Activity Room Up Words with Friends 7:00pm Puzzle Room	13 Flower Arranging 1:00pm Activity Kitchen Brews and Cues with Kyle 2:00pm Game Room Happy Hour 3:00pm Activity Kitchen
14 Church Service 1:00pm Activity Room Dime Bingo 2:00pm Activity Kitchen Ice Cream Social 3:30pm Activity Kitchen	15 ERRAND DAY Catholic Communion 10:00am Private Dining Room Lunch Outing to Olive Garden 11:45am Lobby Happy Hour 3:00pm Activity Kitchen	16 FRED MEYER Trivia 10:30am Living Room Resident Store Open 12:30pm – 2:30pm East Hall Activity Meeting 2:00pm Activity Room	17 DOCTOR DAY Bible Study with Robin 1:00pm 2 nd Floor Library Shuffleboard with Vickie 2:00pm Game Room Happy Hour 3:00pm Activity Kitchen	18 ERRAND DAY Trivia 10:30am Living Room Spring Creek Men’s Club Outing 11:30am Lobby Resident’s Audio Book Club 6:30pm 2 nd Floor Library	19 DOCTOR DAY Resident Store Open 12:30pm – 2:30pm East Hall Music with Keith LaBounty 3:00pm Activity Room Up Words with Friends 7:00pm Puzzle Room	20 Flower Arranging 1:00pm Activity Kitchen Author Reading with Charlie Sheldon 2:00pm Activity Room Happy Hour 3:00pm Activity Kitchen
21 Church Service 1:00pm Activity Room Dime Bingo 2:00pm Activity Kitchen Popcorn Social 3:30pm Activity Kitchen	22 ERRAND DAY Catholic Communion 10:00am Private Dining Room Health Talk with Michelle 1:00pm Puzzle Room Happy Hour 3:00pm Activity Kitchen	23 FRED MEYER Bellewood Acres Outing 11:30am Lobby Resident Store Open 12:30pm – 2:30pm East Hall Town Hall Meeting 2:00pm Activity Room	24 FRED MEYER Bible Study with Robin 1:00pm 2 nd Floor Library Shuffleboard with Vickie 2:00pm Game Room Happy Hour 3:00pm Activity Kitchen	25 ERRAND DAY Trivia 10:30am Living Room Lunch Out – Kowloon Inn 11:30am Lobby Resident’s Audio Book Club 6:30pm 2 nd Floor Library	26 DOCTOR DAY Resident Store Open 12:30pm – 2:30pm East Hall I.D. Theft Prevention Seminar 3:00pm Activity Room Up Words with Friends 7:00pm Puzzle Room	27 Flower Arranging 1:00pm Activity Kitchen Brews and Cues with Kyle 2:00pm Game Room Happy Hour 3:00pm Activity Kitchen
28 Church Service 1:00pm Activity Room Dime Bingo 2:00pm Activity Kitchen Ice Cream Social 3:30pm Activity Kitchen	29 ERRAND DAY Catholic Communion 10:00am Private Dining Room Bowling 1:30pm Activity Room Happy Hour 3:00pm Activity Kitchen	30 FRED MEYER Resident Store Open 12:30pm – 2:30pm East Hall Manicures 1:00pm Activity Kitchen Toastmasters 7:00pm Activity Room	31 DOCTOR DAY Breast Cancer Awareness Talk with Laurie 2:00pm Puzzle Room Happy Hour 3:00pm Activity Kitchen Monster Mash Party & Evening Entertainment 6:30pm – 8:00pm Dining Room			



This Month’s Shopping Trips

10/1 & 10/4	9:30 AM	Errand Bus
10/2	9AM – 11AM	Fred Meyers
10/8 & 10/11	9:30 AM	Errand Bus
10/9	9AM – 11AM	Fred Meyers
10/15 & 10/18	9:30 AM	Errand Bus
10/16	9AM – 11AM	Fred Meyers
10/22 & 10/25	9:30 AM	Errand Bus
10/23	9AM – 11AM	Fred Meyers
10/29	9:30 AM	Errand Bus
10/30	9AM – 11AM	Fred Meyers





Weekly Activity Calendar

October

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>	9:00 AM Coffee and Chat <i>Living Room</i>
	10:00 AM Colorama <i>Activity Kitchen</i>	10:00 AM Catholic Communion <i>Private Dining Room</i>	9:30 AM Fred Meyers <i>Lobby</i>	10:00 AM Walking Club	10:00 AM Walking Club	10:00 AM Walking Club	10:00 AM Walking Club
	10:30 AM Trivia <i>Living Room</i>	10:00 AM Walking Club	10:00 AM Walking Club	10:30 AM Trivia <i>Living Room</i>	10:30 AM Trivia <i>Living Room</i>	10:30 AM Trivia <i>Living Room</i>	10:30 AM Trivia <i>Living Room</i>
	11:00 AM Phase 10 <i>Activity Kitchen</i>	10:30 AM Trivia <i>Living Room</i>	10:30 AM Trivia <i>Living Room</i>	10:30 AM DVD Exercise <i>Activity Room</i>	10:30 AM DVD Exercise <i>Activity Room</i>	10:30 AM DVD Exercise <i>Activity Room</i>	10:30 AM DVD Exercise <i>Activity Room</i>
	11:30 AM Faces and Places <i>Theater</i>	10:30 AM DVD Exercise <i>Activity Room</i>	10:30 AM DVD Exercise <i>Activity Room</i>	11:00 AM Phase 10 <i>Activity Kitchen</i>	11:00 AM Let's Reminisce <i>Living Room</i>	11:00 AM Phase 10 <i>Activity Kitchen</i>	11:00 AM Phase 10 <i>Activity Kitchen</i>
	12:00 PM Colorama <i>Activity Kitchen</i>	11:00 AM Phase 10 <i>Activity Kitchen</i>	11:00 AM Phase 10 <i>Activity Kitchen</i>	11:30 AM Faces and Places <i>Theater</i>	11:30 AM Lunch Outing <i>Lobby</i>	12:00 PM Adult Coloring <i>Activity Kitchen</i>	12:00 PM Colorama <i>Activity Kitchen</i>
Movies play in the theater every day at 1:45 p.m. and 6:00 p.m. - Please see monthly movie guide for complete listings and details							
AFTERNOON ACTIVITIES	1:00 PM Church Service <i>Activity Room</i>	12:00 PM Colorama <i>Activity Kitchen</i>	12:00 PM Colorama <i>Activity Kitchen</i>	12:00 PM Colorama <i>Activity Kitchen</i>	12:00 PM Adult Coloring <i>Activity Kitchen</i>	12:30-2:30 PM Resident Store Open	1:00 PM Flower Arranging <i>Activity Kitchen</i>
	1:00 PM Pulling Your Own Weight <i>Exercise Room</i>	1:00 PM Pulling Your Own Weight <i>Exercise Room</i>	12:30-2:30 PM Resident Store Open	1:00 PM Bible Study w/ Robin <i>2nd Floor Library</i>	1:00 PM Bend and Balance <i>Exercise Room</i>	1:00 PM Pulling Your Own Weight <i>Exercise Room</i>	1:00 PM Bend and Balance <i>Exercise Room</i>
	1:45 PM Afternoon Movie <i>Theater</i>	1:30 PM Bowling with Friends <i>Activity Room</i>	1:00 PM Bend and Balance <i>Exercise Room</i>	1:30 PM Pulling Your Own Weight <i>Exercise Room</i>	1:45 PM Afternoon Movie <i>Theater</i>	2:00 PM Dime Bingo <i>Activity Kitchen</i>	1:45 PM Afternoon Movie <i>Theater</i>
	2:00 PM Dime Bingo <i>Activity Kitchen</i>	1:45 PM Afternoon Movie <i>Theater</i>	1:00 PM Manicures <i>Activity Kitchen</i>	1:45 PM Afternoon Movie <i>Theater</i>	2:00 PM Dime Bingo <i>Activity Kitchen</i>	3:00 PM Craft Time with Friends <i>Puzzle Room</i>	2:00 PM Chicken Soup for the Soul <i>2nd Floor Library</i>
	3:00 PM Chicken Foot & Rummy-O <i>Game Room</i>	2:00 PM Chicken Foot & Rummy-O <i>Game Room</i>	1:45 PM Afternoon Movie <i>Theater</i>	2:00 PM Shuffleboard with Vickie <i>Game Room</i>	3:00 PM Chicken Foot & Rummy-O <i>Game Room</i>	3:00 PM Chicken Foot & Rummy-O <i>Game Room</i>	2:00 PM Brews and Cues w/ Kyle <i>Game Room</i>
	3:30 PM Popcorn/ Ice Cream Social <i>Activity Kitchen</i>	3:00 PM Happy Hour <i>Activity Kitchen</i>	2:00 PM Misc. Meeting <i>Activity Room</i>	3:00 PM Happy Hour <i>Activity Kitchen</i>	4:00 PM Arm Chair Travels <i>Theater</i>	3:00 PM Music / Seminar <i>Activity Room</i>	3:00 PM Happy Hour <i>Activity Kitchen</i>
	4:00 PM Arm Chair Travels <i>Theater</i>	4:00 PM Farkle <i>Puzzle Room</i>	3:00 PM Audio Book Club w/ Sandra <i>2nd Floor Library</i>	4:00 PM Arm Chair Travels <i>Theater</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	4:00 PM Farkle with Friends <i>Puzzle Room</i>	4:00 PM Scrabble <i>Puzzle Room</i>
	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	4:00 PM Arm Chair Travels <i>Theater</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	6:00 PM Evening Movie <i>Theater</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>
	6:00 PM Evening Movie <i>Theater</i>	6:00 PM Evening Movie <i>Theater</i>	5:00 PM Cranium Crunches <i>Activity Kitchen</i>	6:00 PM Evening Movie <i>Theater</i>	6:30 PM Resident Audio Book Club <i>2nd Floor Library</i>	6:00 PM Evening Movie <i>Theater</i>	6:00 PM Evening Movie <i>Theater</i>
	7:00 PM Cribbage <i>Puzzle Room</i>	7:00 PM Bellingham Bridge Club <i>Dining Room</i>	7:00 PM Toastmasters <i>Activity Room</i>	7:00 PM Mexican Train	7:00 PM Cribbage <i>Puzzle Room</i>	7:00 PM Up Words with Friends <i>Puzzle Room</i>	7:00 PM Resident Audio Book Club <i>2nd Floor Library</i>